

# Easy-to-make Kimono



## Materials



- Fabric required = twice the length of kimono + 11cm (approximately 1.6 metres), and at least 110cm wide, depending on body size. Suitable fabrics include those with a soft texture and drape well e.g. lightweight cottons and rayons such as voile and knits; laces; stretch velvet.



- Lace, fringing or other trim according to design

## Equipment



- Tape measure



- Paper to make a pattern (e.g. butcher paper)



- Dressmaking scissors



- Pins



- Sewing machine and thread



- Overlocker



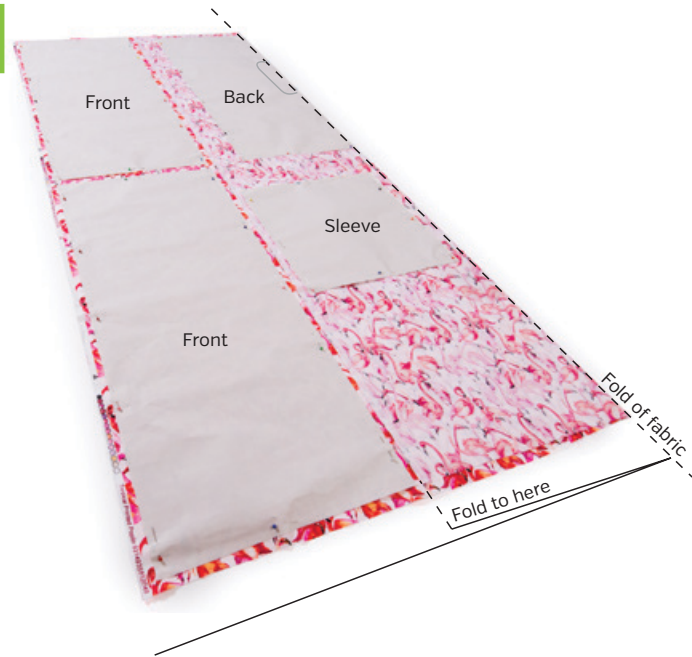
- Iron and ironing board

## Tip

Make your pattern pieces first. Width of fabric required = twice the width of the back pattern piece plus width of one front pattern piece. If you wish to use narrower fabric, you will need three times the length of the kimono plus 16.5cm.

## Instructions

Shoulder to centre back + 11.5cm	<p><b>Back</b></p> <p>Cut one with one of the long edges on the fold.</p>	Shoulder to neck + 13cm	<p><b>Front</b></p> <p>Cut two.</p>
Desired length + 5.5cm		Desired length + 5.5cm	
Armhole + 13cm	<p><b>Sleeve</b></p> <p>Cut two.</p>		
Desired length + 4.5cm			



## Cutting out the fabric

3. Fold the fabric with right sides together such that the back and sleeve patterns fit on the double layered fabric, with one of the long edges of the pattern for the Back on the fold. Place the two front pieces on the single layered fabric. Pin the pattern pieces in place.
4. Cut out the fabric.

## Making your pattern pieces:

1. Measure:
  - a. The distance from your shoulder to the centre back—it will vary but about 23cm
  - b. The length you would like the kimono—usually about 70–90cm but it is your choice. Measure from the centre back to where the hem will be
  - c. The distance from your shoulder to your neck
  - d. The length you would like the sleeve to be—measure from the shoulder to the part on your arm where you would like to finish
  - e. Your armhole—put the tape measure on your shoulder bone and take the tape down under the arm and back to the start of the tape at the shoulder bone.
2. Make pattern pieces for the back, fronts and sleeves:  
Note that the pattern pieces include 1.5cm seam allowances.

## Tip

Cut out the pattern pieces from old material for which you no longer have use. Pin the pieces together to check the size and shape are as you want them. Adjust the pattern pieces if necessary.

## Making the Kimono



5. Overlock or machine neatens centre front edge of front panels. Iron over 1.5 cm and sew centre front hem.





6. Pin front and back at shoulder, sew and overlock/  
machine neaten from shoulder to shoulder.



8. Sew and over lock/machine neaten each side  
edge of the sleeves.
9. Match halfway position of sleeve to shoulder (right  
sides together) and sew in sleeve 1.5 cm from  
edge of fabric. Overlock/machine neaten the side  
seam from hem to hem.



7. Iron under the back neckline seam allowance.  
Stitch to secure.



10. Fold kimono and match side seams, right sides  
together. Sew from sleeve edge to hem to create  
your garment. Reinforce the underarm 5cm each  
side of corner and nick corner.
11. Hem sleeves with a double 1.5cm hem.
12. Hem kimono with a double 2cm hem.