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# Do Australian teens embrace the sun-safe message?

### Issue

In November 2015, Cancer Council Australia issued the following media release:

### New research: Teens go cool on tanning

- 15% fall in teens who prefer a tan since 2003-04
- Only 12% of teens believe a tanned person is more healthy.

To read the full release see Fact file M: Teens go cool on tanning,

### Task

You are to research and provide a reasoned response to the following question:

#### Do Australian teens embrace the sun-safe message?

The response should be written as a research report that includes the following (see Research task B Checklist for further details):

- An introduction to the topic question
- · A literature review and references
- Part A-your research (by survey) into the barriers and enablers in relation to sun-safe fashion choices by teens
- Part B-your research to investigate and analyse the availability of on-trend sun-safe fashion for the teen market in a popular retail store
- Discussion of the key themes that emerge from the literature review and your own research
- Conclusions
- Recommendations
- · References.

Your report should be characterised by reasoned decisions, logical arguments and supporting evidence. It should have section headings and tables, graphs and/or diagrams as appropriate to show the analysis of statistical data.

### What to submit

· A research report

#### **Assessment**

Your response will be assessed on evidence of:

- knowledge and understanding of:
  - skin cancer and Australian teens
  - factors impacting on teen skin cancer
  - Australian sun-safety campaigns and their effectiveness
- · reasoning and communicating:
  - data analysis
  - discussion
  - supported conclusions
  - justified recommendations.





## Do Australian teens embrace the sun-safe message?

### RESEARCH

### Checklist

The following is a summary of your tasks. Use it as a checklist to keep track of your progress.

Phase and supporting resources*	Task	Tick when completed
Planning	<ol> <li>Develop a management plan to ensure that you complete the research report within the time allocated.</li> <li>Use the headings and prompts below to guide you.</li> <li>Word limit: 800–1000 words for Year 11 and 1000–1500 words for Year 12.</li> </ol>	
Report introduction  FFA: At a glance–Skin cancer  FFB: At a glance–Skin cancer statistics  FFC: Sun-safety myths and facts  FFD: Five ways to be sun safe  FFE: Sun-smart behaviours of Young	<ul> <li>Write the introduction to your report. For example:</li> <li>Briefly outline the causes of skin cancer and its relationship to the sun's UV rays</li> <li>Explain why is it important to stay safe in the sun.</li> <li>Briefly outline the sun-safe strategies related to clothing, hats and sunglasses and explain why each of the strategies is important.</li> </ul>	
Literature review  The websites of Cancer Councils, the Australian Institute of Health and Welfare and state government health departments	<ul> <li>3. Conduct a literature review-this is, a summary of the literature related to: <ul> <li>Australian teens and skin cancer and whether the rates of teenage skin cancer vary between males and females, younger and older teens etc.</li> <li>campaigns to promote sun safety to teenagers and, if available, reported evaluations of these campaigns</li> <li>the relationship between lifestyle, geography, clothing design and sun cancer.</li> </ul> </li> </ul>	

<sup>\*</sup> In addition to the resources suggested below you should also conduct further in-depth research independently.



## Do Australian teens embrace the sun-safe message?

### RESEARCH

### **Checklist (cont)**

The following is a summary of your tasks to use as a checklist to keep track of your progress.

Phase and supporting resources*	Task	Tick when completed
Research	<ol> <li>Part A research: Conduct a survey to investigate the barriers and enablers in relation to sun-safe fashion choices by teens.</li> <li>Include your method and a summary of the results (not the raw data) and use tables and graphs to display your results.</li> </ol>	
	5. Part B research: Investigate and analyse the availability of on-trend sun-safe fashion for the teen market in a popular retail store.	
Discussion	6. Discuss the <b>key themes</b> that emerge from the literature review and your own research	
Conclusions	7. Draw <b>conclusions</b> as to whether teens are embracing the sun-safe message. Include the effectiveness of <b>sun-safe campaigns</b> to motivate teen fashion choices and suggest some reasons for their effectiveness or lack of effectiveness. Use your and findings from your literature review and investigations to help <b>explain why teens might or might not heed sun-safe messages</b> .	
Recommendations with justification	8. Make and justify <b>recommendations</b> to the key stakeholders on how to improve teen behaviours in relation to sun-protective choices.	
References	9. List the <b>references</b> that you used.	

<sup>\*</sup> In addition to the resources suggested below you should also conduct further in-depth research independently.